



# CCR Does Fontwell

## Time Trials 2024

(Promoted for and on behalf of Cycling Time Trials under their rules and Regulations)

### Summer 10-mile TT

**4<sup>th</sup> August on the P901/10 (A27)**

**The Headquarters are at the:**

**Aldingbourne Community Center, Olivers Meadow, Westergate, Chichester, PO20 3YA**

**HQ open from 6.00am**

HQ location: <https://goo.gl/maps/34KxM5eKRu7X2Af7A>

No cleats to be worn in the hall, thank you.

**Timekeepers:** Peter Delve & Neil Panter

**Start Line Stewards:** Ross Kettle CCR

**Marshals & Crew:** Emma Hanon, Oliva Sloan, Nick Gates, Simon Davies, David Horton

**Results:** Will be available during the morning <http://www.resultsheet.co.uk/>

### **WORKING FRONT AND REAR LIGHTS AND HELMET ARE NOW MANDATORY TO COMPETE IN CTT EVENTS**

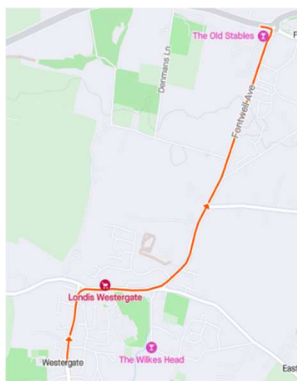
**Event Secretary:** Larry Wiltshire, 28 Laxton Leaze, Waterlooville, Hants – 07889170893

#### **Race day contact**

Aldingborne CC Hall - Olivia Sloane 07889170893 email: [Larry\\_wiltshire@hotmail.com](mailto:Larry_wiltshire@hotmail.com)

#### **Important notes**

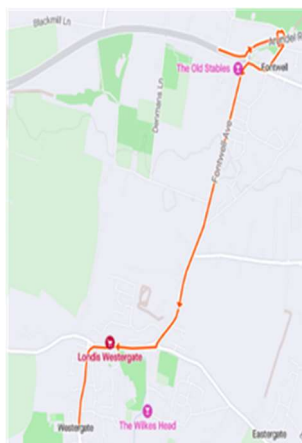
- Parking – Please use the car park at the Hall, be aware this is a residential area & many will (sensibly!) still be in their beds so please keep the noise levels down, no noisy turbo's please. if you must park off site please do so respectfully.
- SIGNING-ON SHEET & RACE NUMBERS - Riders must sign the Official Signing-On Sheet at the Event HQ to obtain their Race Number.
- Position your number so it is visible from the rear, if using racing pockets please use the left side to help timekeepers
- Please return your number to the HQ when you sign out. Failure to sign out and return your number will be recorded as DNF
- Head up! Please look where you are going at all times.



**The preferred and safe route to the start:** From the HQ, Olivers Meadow, turn left onto Westergate Street. Follow the road to the right into Nyton Road at the RAB turn left onto Fontwell Avenue. Follow the road to the Fontwell West RAB, turning left to the start (Arundel Road) A27.

Approximately 1.7 miles and 7-minute ride

Please do not enter the start lay-by before 5 minutes to your start time, thank you.



**The preferred and safe route back to the HQ;** After the finish line take the left turn at the Fontwell West RAB A27. Continue on A27 to Dukes Road (first left) after 50yds taking the left turn onto the shared cycle path (please take this section carefully due to surface changes and tight corners) Continue through the underpass, turning right on London Road. At the RAB turn right onto Arundel Road to the RAB. Turn left onto Fontwell Avenue (A29). Follow the road to the RAB, straight over onto Nyton Road, following the road around to the left into Westergate Street, taking the fourth right turn into Olivers Meadow and to the HQ.

Approximately 2.3 miles and 8-minute ride

**Any rider turning RIGHT at Fontwell West RAB to leave the A27 will be disqualified.**

### Procedure During the Event:

If caught, ease back; do not take pace on the wheel of the rider who caught you If passing a rider please make sure the effort is enough to pass completely

Look where you are going, **keep your head up** & please don't hog the carriageway, **keep to the inside lane at all times.**

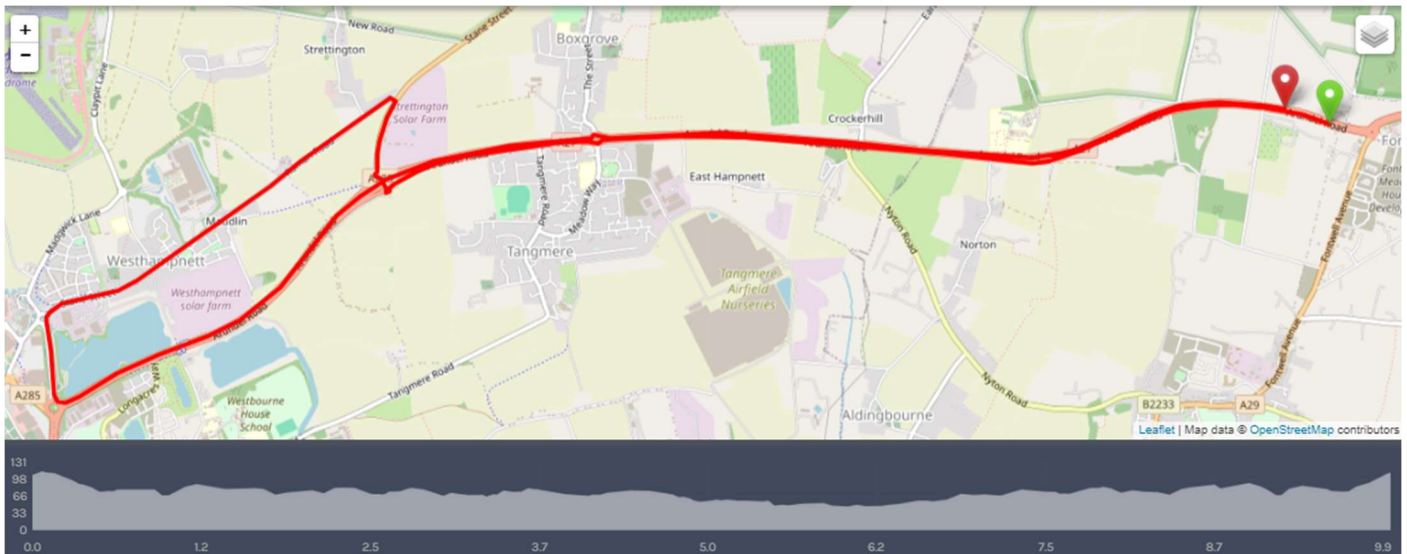
### FULL COURSE DESCRIPTION

START in Lay-by on A27 on westbound carriageway of A27 at North end of Fontwell Race Course at Drain Cover approximately 20 yards west of Lamp Post 181/08 ( SU947072).

PROCEED west along A27 to Tangmere RAB where straight across to continue on A27. Take 1st slip road up over Tangmere Flyover signposted to the A285 to South RAB and Turn RIGHT 2nd Exit to cross the flyover to North RAB. Take 1st Exit (straight across) and north onto the A285 for 800 Yards to Temple Bar and Turn LEFT on to an Roman road, Continue on this road through the village of Maudlin and at the Mini roundabout continue straight on 2nd Exit onto Stane Street to Westhampnett RAB (5.1 Miles) (SU827060).

At Westhampnett RAB TAKE 1st Exit on to old A27 to Portfield RAB (5.4 Miles) where take 1st Exit on to A27 Westhampnett By-pass and proceed under Tangmere Flyover to Tangmere RAB where 2nd exit (straight across) to continue on A27 to

FINISH 20 yards beyond entrance to a house called “Westergates” and approximately 150 yards short of the START (10 Miles) (SU946072)



## SAFETY INSTRUCTIONS

Riders must:

- not cross the A27 in the Start and Finish areas.
- use the recommended safe routes to the Start and to return to the Headquarters.
- not warm up on the Course.
- exercise care at the following locations
  - crossing Tangmere RAB both ways
  - turning LEFT at Temple Bar. Caution 150-degree change of direction.
  - passing exit and acceleration lanes at Tangmere Flyover.
  - negotiating all roundabouts.
  - passing all acceleration lanes from “B” and unclassified roads joining the A27.
- **not turn RIGHT at Fontwell West RAB after the FINISH but should continue on A27 to turn LEFT into Duke’s Road to return to the Event Headquarters**

Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters require you to wear a HARD-SHELL HELMET that meets an internationally accepted safety standard. It is also compulsory that a WORKING FRONT & REAR LIGHT, either flashing or constant, is fitted to the machine in a position visible to following road users and is active while the machine is in use

<i>Prizes</i>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>
<b>Women's Event</b>	<b>£15</b>	<b>£10</b>	<b>£5</b>
<b>Men's Event</b>	<b>£15</b>	<b>£10</b>	<b>£5</b>
<b>Road Bike Event</b>	<b>£15</b>	<b>£10</b>	<b>£5</b>

**Prizes will be presented after the event, please stay & applaud the victors of the day. Prizes not collected will be deemed as donations to St-Wilfreds hospice the CCR charity of choice.**

***Course record – Chris McNamara 19:13 & Anya Tamplin 21:50***

<b>BIB No.</b>	<b>NAME</b>	<b>CLUB</b>	<b>MACHINE TYPE</b>	<b>EVENT</b>	<b>START TIME</b>
1	Norman Harvey	Sotonia CC	Tandem	Tandem	07:01
101	Mary Corbett	Sotonia CC	Tandem	Tandem	07:01

<b>BIB No.</b>	<b>NAME</b>	<b>CLUB</b>	<b>MACHINE TYPE</b>	<b>EVENT</b>	<b>START TIME</b>
2	Gary Ferrett	Atlas Clever Racing Team	TT Bike	Open	07:02
3	Robert Jolliffe	New Forest CC	TT Bike	Open	07:03
4	Amanda Simpson	Portsmouth Triathletes	TT Bike	Female	07:04
5	Kirsty Mcseveney	...a3crg	TT Bike	Female	07:05
6	Chris Summers	Sotonia CC	TT Bike	Open	07:06
7	Brian Burgess	GS Vecchi	Road Bike	Open	07:07
8	Alan Davies	Hampshire Road Club	Road Bike	Open	07:08
9	James Kenward	Portsmouth North End CC	TT Bike	Open	07:09
10	Simon Craig-McFeely	...a3crg	TT Bike	Open	07:10
11	Simon Berogna	Velo Club St Raphael	TT Bike	Open	07:11
12	Jonathan Legg	Sotonia CC	TT Bike	Open	07:12
13	Robert Watson	Hampshire Road Club	TT Bike	Open	07:13
14	Matt Doe	...a3crg	TT Bike	Open	07:14
15	Mike Anderson	CC Moncontour	TT Bike	Open	07:15
16	Stephen Skinner	Velo Club St Raphael	Road Bike	Open	07:16
17	David Knight	Portsmouth North End CC	TT Bike	Open	07:17
18	Steve Skinner	Southdown Velo	TT Bike	Open	07:18
19	Nicholas Borbone	Chichester City Riders	Road Bike	Open	07:19
20	Mike Boyce	...a3crg	TT Bike	Open	07:20
21	Richard Tully	Elite Cycling	TT Bike	Open	07:21
22	Adam Coppard	Racing Club Ravenna	Road Bike	Open	07:22
23	Gary Francis	Gillingham & District Wheelers	TT Bike	Open	07:23
24	Ben Schooling	Chichester City Riders	TT Bike	Open	07:24
25	Stuart Thompson	Velo Club St Raphael	TT Bike	Open	07:25
26	Larry Wiltshire	Racing Club Ravenna	TT Bike	Open	07:26
27	David England	Crabwood Cycling Club	TT Bike	Open	07:27
28	Matthew Gilmour	Primera-Teamjobs	TT Bike	Open	07:28
29	Paul Jones	Portsmouth North End CC	TT Bike	Open	07:29
30	William Sawyer	Velo Club St Raphael	TT Bike	Open	07:30
31	Paul Thompson	Epsom CC	TT Bike	Open	07:31
32	Shaun Smart	Southdown Velo	TT Bike	Open	07:32
33	Sarah Matthews	...a3crg	TT Bike	Female	07:33

34	James Smee	Chichester City Riders	TT Bike	Open	07:34
35	Adrian Talley	Velo Club St Raphael	TT Bike	Open	07:35
36	Neil Mackley	...a3crg	TT Bike	Open	07:36
37	Peter Younghusband	Petersfield Triathlon Club	TT Bike	Open	07:37
38	Richard Gifford	trainSharp	TT Bike	Open	07:38
39	Paul Jones	Primera-Teamjobs	TT Bike	Open	07:39
40	Joe Parker	Racing Club Ravenna	TT Bike	Open	07:40
41	Howard Bayley	...a3crg	TT Bike	Open	07:41